



Living with
LILLI



“

Living with Lilli has given me a reassurance that I didn't have before. I forgot that it was there, but was pleased that it was there when my care worker called to ask how I was. Without Lilli I would have suffered for much longer with my ulcer and the result would have been much worse. Thank you Lilli.”

MARY, 64

What is

LILLI

Lilli is a smart home technology. We non-intrusively monitor a person's environment so that they can live in their own home safely, happily and independently.



How it WORKS

By placing a small number of discreet sensors around your home, we can gather important information that builds up a pattern and picture of what your normal daily habits are. For example what time of day you might typically get up or go to bed and how active you are during the day.

Once we have a pattern of what your 'normal' habits look like, we are then able to spot when deviations occur that might indicate that something is not quite right and that you may need some assistance. For example you might not be as active during the daytime as you have been in previous days.



What happens then

Depending on the significance in the change in behaviour, a care worker or occupational therapist is prompted to get in touch with you to check that you are ok and if there is anything you need.

Why this is important

There are 2 reasons this is important:

1

When a person has a long term health condition, they are at risk from incidents such as dehydration, infections or falls in the home. This can lead to conditions worsening or hospital visits. We have identified that in the majority of cases these incidents are the result of a decline in health or change in behaviour prior to the incident occurring. Our technology identifies when there might be a decline in your health to avoid any accidents subsequently keeping you safer, reducing any unnecessary hospital stays and ensuring you can live independently in your own home for as long as you wish to.

2

Our technology works in two ways: it flags when there might be an issue with your health, but also shows when there isn't. This means you won't receive any unnecessary care visits and your care worker can use their time much more efficiently, so they can spend more of their time where it is needed most.

What's being installed and how it

WILL HELP

We will be installing the Lilli hub and typically up to 5 sensors into your home. These can monitor a combination of things such as door opening, motion and power usage.

We do not use cameras or voice recognition, so no one can see or hear what you are doing at home. We appreciate your privacy is important to you, and therefore we have made it our priority to respect your privacy. So we ensure that we use sensors that can non intrusively monitor your home environment accurately without using video or voice technologies.

The Lilli hub works in a similar way to a wi-fi internet router but it doesn't need an internet or wi-fi connection to work. The hub collects the data from the sensors and sends it to us. However, it does need to be plugged in at all times to work so please don't turn it off or unplug it.

The Lilli hub is low energy usage and our sensors are battery powered so you don't need to worry about your energy bills.





1 X Lilli Hub

Location

This will be plugged in somewhere central in your home, such as a hallway.

What this does

The hub streams all of the information from the sensors in your home so that it can be received into the Lilli app.



2X Door Sensors

Main Door Sensor

Location

These will be located on the main door in your home that you use to enter and exit the property.

What this does

This helps us know when you are at home or not.

Fridge Door Sensor

Location

One of these will be located on your fridge door.

What this does

This helps us understand when you are accessing your fridge, to access food and drinks.



3X Motion Sensors

Location

These will typically be located in your hall or hallway, and in your bedroom and bathroom.

What this does

This helps us understand movement around your home and night-time activity.

1 X Plug Sensor



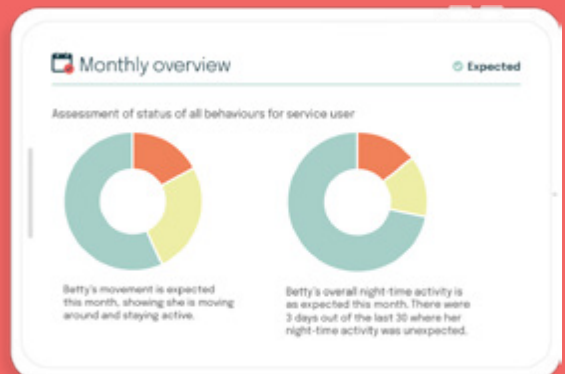
Location

This will typically be located on a kettle, toaster or microwave.

What this does

This helps us understand more about how you're feeding yourself or keeping hydrated.

Information from the sensors helps us to build up a picture of your daily patterns at home.







Why Lilli in your home will PROVIDE SUPPORT

Lilli was not designed to replace care workers, rather we support them in helping them to increase the impact that they can have with the incredibly important work that they do, by helping them help you.

As someone who wishes to live independently at home, by installing Lilli in your home, we can help you maintain this whilst giving you, your carer, and your loved ones peace of mind that you're ok and give them the early heads up when you are not.

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How Lilli Helped Steve

The situation

Six weeks after Lilli was installed in Steve's home, his social worker was alerted through the Lilli app that his normal pattern of night-time behaviour had changed. Over the previous 3 nights instead of getting up twice to go to the toilet, his pattern had increased to 5 times.

The action

This insight prompted the social worker to call Steve and ask him how he was. Following the call with Steve the social worker arranged for the community nurse to visit. This visit prompted some home tests that indicated a change in his medication was required, thus allowing him a much less disturbed night and



Steve



67 yrs



Chronic obstructive pulmonary disease (COPD)



Lives at home alone

combating any further issues that might have been caused had the requirement for a change in medication not been addressed.

The outcome

The result for Steve was that he was able to get help for what could have become a much more serious situation had a change in medication not been made. Both he and his family were also comforted by the knowledge that Lilli was able to assist in identifying a change in his care and support needs before they escalated. In addition, the social worker had been able to prevent what may have become a stressful hospital admission for Steve and his family.



Frequently asked QUESTIONS

Q

What does non-intrusively mean?

A

Our sensors are passive, totally discreet and non-obvious. They won't disrupt your daily living and don't require you to do anything for them to work - they simply monitor your living environment, entirely in the background.

We've ensured that our technology is safe and respectful of our users, and that you can feel comfortable using Lilli.

Q

Who can see my activity?

A

Only your care provider and carer can see your activity, with your consent, to help provide the best care for you. Your data is held securely and with full confidentiality.

Q

What is the Lilli App and what does it look like?

A

The Lilli App gives your carers a view of your daily living to give them better knowledge of your care needs. This can help them give you the best care at the right time.

Q Does this replace my care worker?

A Absolutely not. Lilli has been designed specifically to work with care workers helping them to help you better, giving you the care and attention you need when you need it the most.

Q How secure is my data and who can see it?

A At Lilli, your privacy is our top priority.

Lilli's technology is committed to ethical practice when it comes to data. We adhere strictly to national privacy laws and data protection guidelines. Lilli will never sell or share your data without your consent.

Q What do I do if a sensor breaks or moves?

A If you have any issues or a sensor breaks, contact your care worker and we will get one of our dedicated professionals to help you.

Q Does it cost me anything?

A The only cost is the approximate 20p a month energy cost to run the Lilli hub.

Q Who should I contact if I have more questions?

A You can always speak to your care provider if you want to know more, or if you have any questions.



Your key contact

Name _____

Phone _____

E-mail _____

Notes

Installed by _____

Referred by _____



Find out more

[intelligentlilli.com](https://www.intelligentlilli.com)